

Sunflower Quilt Block



Block Size: 9 in. x 9 in.

Materials needed:

DMC variegated Machine Embroidery Threads

DMC Pearl Cotton #5

9 1/2 inch square of light green tonal fabric

1/3 yard magenta print *

1/4 yard yellow tonal fabric

1/3 yard green print*

1 green button – 1/3 inch wide

E-beads – orange and purple

Fusible Web

Cotton batting

* The model was made with Katmandu Green and Magenta manufactured by Troy.

Cutting:

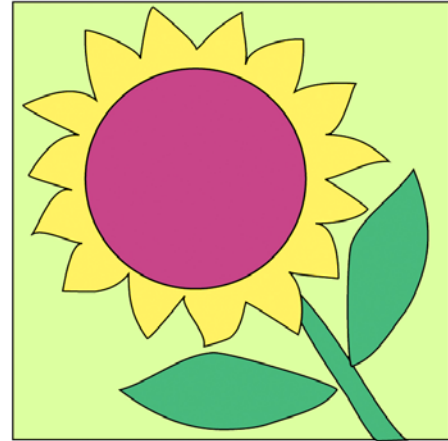
1. Cut the flower, stem and leaf pieces for fusing following the Manufacturer Instructions for the fusible web. The flower center is from the magenta print fabric, the sunflower is from the yellow fabric, and the stem and leaves are from the green print fabric.

2. From the magenta fabric, cut a binding strip 1 1/2" x 40".

3. From the green print fabric, cut a 9 1/2" square for the back.

Instructions:

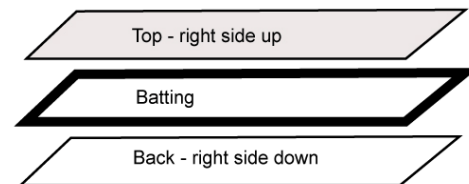
1. Following the Manufacturer Instructions for the fusible web, fuse the flower as shown in the diagram. The sunflower should slightly overlap the top edge of the stem.



2. Using coordinating variegated DMC Machine Embroidery Threads, machine appliqué the pieces using a satin zig zag stitch.

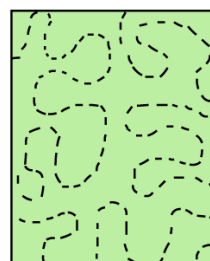
3. Embellish the flower center with beads and embroider the flowers and other motifs in the center using coordinating colors of Pearl Cotton #5. Embroider following the lines of the motifs and use straight stitches and lazy daisy loops.

4. Cut batting 9 1/2" square. Layer the top right side up, the batting, and the back right side down. Baste the 3 layers together. See diagram below.



Layering for quilting

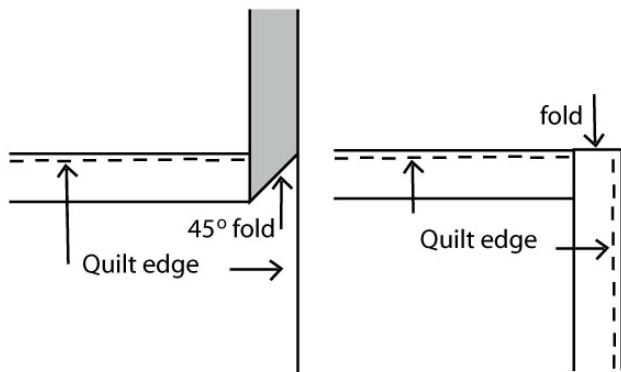
5. Machine stipple quilt in the space around the flower. See diagram below. Sew button at top of stem.



Stipple quilting

Quilt in a random free form movement. Use an embroidery foot so that there is no pressure to allow for free movement.

6. With a ¼” seam allowance, sew the binding around the edges of the block top. Start along the bottom edge. Miter the corners. Turn under the end and overlap the beginning edge of the binding. Flip binding the back side, turn under ¼” seam allowance and slip stitch to the back of the quilt.



Sewing Binding at Corners

7. Frame or otherwise finish block as desired

Full size pattern pieces on Page 3



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SUNFLOWER BLOCK PATTERN

